



# Creative Arts

## UNIT I

# Braiding and Knotting



### Exhibit Guidelines

1. Exhibit board (dimensions should be 14" x 20" x 1/8" or 1/4" )
  - Each item should be labeled, including all samples and each article
  - a. 3 strand wall knot
  - b. 4 strand wall knot
  - c. 3 plait braid with burned end
  - d. 4 plait flat braid with burned end
  - e. 4 plait round braid with a wall knot tied on one end
  - f. 4 plait flat braid with a 3 plait split out and back in
  - g. 3 completed articles of your choice

### Project Overview

Braiding is an art form that is enjoyed by many both as a hobby and as a way to make practical and useful items. This unit will introduce you to basic braiding techniques using three and four strands. You will also learn to finish your braids by tying a wall knot and by burning the ends.

### Key Learning Topics

- 3 and 4 strand braiding
- Finish ends with the wall knot and by burning
- Keep even tension throughout the braid
- Make useful articles using the braids learned in this unit

### Expanding the Project

- Share information through talks, demonstrations and displays.
- Give a Braiding demonstration at your club meeting or for other groups or organizations
- Consider participating in county, district, and state level contests, under the "General Presentation" category and speaking on the subject of Braiding

### Resources

- Braiding and Knotting-Unit I (R-14)
- General Project Record Sheet 300.A-7 (R-18)



### Targeting Life Skills:

- Resiliency
- Marketable Skills
- Self Motivation
- Stress Management
- Decision Making
- Problem Solving

